# **Osseodensification increases primary implant stability** and maintains high ISQ values during first six weeks of healing.

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#### INTRODUCTION

· Implant stability is critical for osseointegration

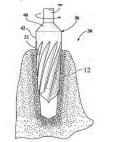
- · Surgical technique, bone quantity and quality, and implant design all affect primary stability since bone-implant contact provides initial mechanical stability 1,2
- · Maintaining bone during the osteotomy preserves bone density, leading to increased boneimplant contact, increased primary mechanical stability, and accelerated healing 3,4
- · Secondary implant stability is affected by bone modeling/remodeling, implant surface characteristics, and primary stability 4
- Higher insertion torque values (ITV) result in reduced micromotion, which is indicated by higher implant stability quotients (ISO)<sup>5,6</sup>

Edentulous ridge #12-14

(12 weeks after extraction of tooth #14)

### SUMMARY

Osseodensification (OD) is a non-excavation osteotomy preparation method. Unlike traditional standard drilling, Osseodensification compacts and auto-grafts bone in its plastic deformation phase. Osseodensification maintains and conserves bone density and creates more bone-implant contact resulting in higher insertion torque values, higher ISQ values over six weeks, and earlier restorative loading capability.



## METHODS

•77 consecutive private practice patients consented to receive 120 implants utilizing osseodensification

•12 of those patients required two or more implants and consented to having one implant placed using Standard Extraction Drilling (SD) and the other placed using Osseodensification (OD)

•28 implants of two different macro designs were placed-16 mandible, 12 maxilla (SD group 14 implants, OD group 14 implants)

· Each osteotomy was prepared to a diameter of 0.2-0.5mm less than the implant body diameter

• Insertion torque peak values (ITV) were recorded using torque indicator

•Implant stability quotients (ISQ) were measured at placement and weekly for 6 weeks with Osstell ISQ meter. The average value of buccal, lingual, mesial, and distal was recorded.

• OD implants were subjected to 30Ncm reverse torque test (RTT) at 4 weeks (mandible) / 6 weeks (maxilla)

· Paired T test was performed to analyze results









Final Densah burs at sites #13,14 with





69.28

Implant placement #12.13.14

Final restoration #12,13,14 (10 weeks after implant placement)

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DISCUSSION

·According to Trisi et al, immediate implant loading

can be recommended when ITV is at least 45Ncm

·Ossseodensification technique can be

recommended to enhance primary stability and

possibly allow for earlier loading due to higher ITV

· Further study is needed to validate the predictability

Mean Insertion Torque Value (ITV)

and ISQ than standard extraction drilling

of early loading using Osseodensification

and ISO is at least 68<sup>5</sup>,

Dr. Huwais is the inventor of the Densah bur syster

Osseodensification of site #14

Peak ITV was measured with torque indicator (15-80Ncm) Initial and weekly ISQ readings of SD and OD implants were recorded with Osstell meter

Completed osteotomies (#14 OD was not included in study due to indirect sinus lift)

Single stage implant surgery Final restoration #12,13,14 (10 weeks after implant placement)

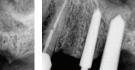
Implant placement #12.13.14

Osseodensification facilitates indirect

restored

patient discomfort

standard extraction drilling



RESULTS

·28 implants osseointegrated and were successfully

•OD implants subjected to reverse torque test

displayed no detectable movement/rotation or

•Osseodensification produced higher ITV and

ISQ throughout healing (P < 0.0001) with less of

a decrease in ISQ at 3 weeks when compared to



29.33

Standard Drilling (SD